



# Tattoo Bible

## Insider Secrets to Awesome Looking & Everlasting Tattoos



By: [CoolTattooDesign](#)



## **Acknowledgment & Introduction**

There is no way to thank my big group of like-minded friends for your support other than compiling the gist of tattoo education and experiences over the years into an ebook. We are not prolific writers and our writing may not be of the best standard. The motivation to write this ebook hopes to inculcate the seriousness of tattoo art commitment in you.

We are also a group of online entrepreneurs who seriously brings our passion into work. With a common interest at heart and in mind, we hope to bring the best services to all tattoo friends around the world.

We have made this ebook easy to read for you by including a title at the start of each topic. You can read the ebook right from the start or choose any topic you fancy. The ebook is yours now! Feel free to share around but please do not amend any content inside. Neither is this ebook for sale for any business form!

## **Are You Ready For An Ink?**

Tattoos are for life. If you don't make a wise decision, there may come a time when you may regret what you did. If you already own one or more tattoos, I hope you stay proud of them, but most importantly, be comfortable in your own skin. Do not just think about short term gratification but also bear in mind and heart the long term weight that is attached.

Will you still be ok with your tattoos no matter what direction you are heading in life?

Do you want to still have the tattoos when you have kids in the future?

If you're thinking about going for ink, I recommend you think about it for a few weeks just to make sure you're totally committed to it. Either be 110% sure about the decision or don't do it at all. Getting a tattoo is a decision that not to be taken lightly although there is laser removal available. This should never be taken as an option. However contradictory it may sound, I never recommend anyone to get a tattoo if he/she is still wavering, despite my love of tattoos and passion for it.

When making the ultimate decision to get a tattoo, always ask yourself the reason for doing so. Refrain from doing it due to social pressure or for anyone else. You ink a tattoo for yourself! If you are fully sure that you want a tattoo and know what you want, after asked yourself the questions above, I encourage you to GO FOR IT!

The right tattoo - one that looks good and means something to you, is an extension of your character and something you and others should be proud of!

## **Ask Yourself These Few Questions Before Making The Ultimate Decision!**

A tattoo if chosen without much effort and consideration may likely to cause regret in time to come. Before submitting yourself to the hand of a tattoo artist, you may want to ask yourself these few questions to check if you are prepared for a permanent tattoo.

### **Do you see a tattoo as something you will have for life?**

If it is an astounding 'yes', you can dwell into selecting a [tattoo design](#) of your choice and bring it to your tattoo artist. If you are pondering over it, then you really have to seriously reconsider your reasons of going for a permanent ink. You do not want to leave a permanent regret on your body when your excitement subsides.

### **Have you given any thought to the tattoo image or design you want to ink?**

Most of the people who want to get a permanent adornment may have a particular design in mind. However, there are just some people who neglect this stage until they step into a tattoo parlour. Are you going to spend \$200, sitting for hours in the parlour after choosing a design for only 10 minutes? You wouldn't want this scenario to happen on you. Choosing tattoo is a lifetime decision, you ought to spend more effort and time in finding a tattoo design that you will be proud of for the rest of your life. Choosing your tattoo design is akin to finding your right partner. Spend some time browsing and selecting through the categories of some top quality tattoo design galleries before making your ultimate decision.

### **Why you want to get a permanent tattoo?**

Is it just for the sake of being cool or following the crowd? If that is the case, you may want to re-evaluate if permanent ink is really meant for you. Most opting for permanent marking may want to get something symbolic or religious that represents their character, culture and background.

### **What type of tattoo is best seen on your body?**

Are you going for evergreen designs like the celtic or tribal? You may be looking for something cool, symbolic and unique design which is uncommonly seen. You may also choose to design your own tattoo image that is exclusively yours. Very commonly, we see boyfriend's or girlfriend's name inscribed on the body parts.

### **Which part of your tattoo would you like your tattoo to be inked?**

Not all tattoos are suitable for all body parts. You may like to consider the placement of your tattoos. Is it your arm, chest, lower back. upper back or belly?

There are patterns which are suitable for armband but inappropriate on other body parts. For tattoos which are controversial, you may want to place it on the parts which are not easily revealed.

Survey has shown that the main contributing factor to tattoo removal is the choice of tattoo design. Choosing a tattoo should never be a haste decision. Spend time browsing [highly acclaimed tattoo galleries](#) to select a design you like.

## **Things to Consider Before Getting A Tattoo Ink.**

There are several areas you may want to consider before submitting yourself to the hands of a tattoo artist.

### **1. Tattoo Designs**

This is a personal choice. Among the boundless themes of tattoo designs, it is important to choose a tattoo design that you like. You can opt for a customised tattoo design which can be costly as it takes up more time and effort from the tattoo artist. Of course, there are thousands 'off the shelf' designs which you can choose from in tattoo parlours and online galleries. Be it a religious or symbolic design or just a mere pretty and fun design, it must be a design that suits your personality and you will remain proud of for the rest of your life.

### **2. Tattoo Colour**

Colour is another aspect of the design. Coloured tattoos have more room for creativity but some still prefer black coloured tattoo as it shows more contrast with our skin colour. Depending on your preference and skin sensitivity, you may want to choose a monotone coloured over varied coloured design. Generally speaking, there has been saying that red colour pigment tend to cause more skin sensitivity problem. But still, different people may react differently to the ink.

### **3. Tattoo Size**

Is a big tattoo better than a small tattoo? Well, it depends on the design. If a design is intricate enough with a small tattoo, there is no need for a bigger version. For more complicated design, it might be better to have a larger size to show all details of the tattoo.

#### **4. Tattoo Location**

The location is always the key. If a tattoo is likely to raise controversy, you may want to ink on a location where it might not be exposed easily. Or, you may want to reveal your tattoo to your love one only, so it will be better to decide on a location where it is hidden totally from others. There are certain designs which are suitable on a location but not on another. Do watch out and seek advice from your tattoo artist regarding the location and designs of your tattoo.

#### **5. Budget**

Budget is always a constraint to many. In general, coloured tattoos tend to be more expensive than a black coloured tattoos. Size, too, will increase the cost of tattooing. However, do consider twice before making any impulsive decision to inscribe a tattoo. The cost of laser removing a tattoo is definitely much higher.

#### **6. Pain**

Every person has different endurance to pain. The pain that is inflicted on the same body part of different individuals are not the same. Places that have thinner skin tend to hurt more and they are not limited to the following places like ankles, head and lower backs. If your pain tolerance is low, you may want to consider inking on areas like upper arm, back of shoulder and chest. These are all generalizations. You may want to talk to your tattoo artist on this issue.

#### **7. Tattoo Parlour**

[Finding a right tattoo parlour](#) is critical in your tattoo journey. Make sure that you are 100% comfortable and relaxed in the parlour. Most importantly, the parlour should be clean and professional. Hygiene and cleanliness should always be in top priority. The tattoo parlour should be well lit as bright and natural light provides a better lighting for you and your artist to see the true nature of the colours used and what the design look like.

If you are still clueless on the tattoo designs, size, location or colour, opt for a temporary ink of the design on your body to decide or not if you like the design. You can also try out on different locations of your body to see where you look the best.

## **Revealing The Big Secret On How To Get A Tattoo You'll Love Till You Die!**

What do you consider to be some of the important events in life? I am sure you can make a long list out of it. You can make the day you are inscribing a tattoo on your body a special and memorable one too. What I am going to reveal in this article is a big secret to finding and getting a tattoo that you like it so much that you risk telling your loved one that he/she is the one you love in life.

If you are thinking that the secret I am about to reveal is some complicated concoction of ideas and advices, then you are totally wrong. The big secret is just two words comprising of 9 characters. The magical word is none other than "Get Serious". "Huh?" You must be wondering what kind of secret is that! Yes, getting a tattoo should not be taken as child-play. Any tattoo lovers or enthusiasts would unanimously agree that the big secret is to take your tattoos seriously. Or rather, take the process of finding your tattoos seriously.

Time is all that matters. With a time well spent, I am sure your effort will pay off. Finding out the tattoo you want takes time. Finding a design that matches you or coming out with a design that is exclusive yours takes time. If you want to get absolutely stunning tattoos that you'll love, be envied on and never be forgotten, you'll have to realize that you have to put in some time and effort. As the saying goes, no pain no gain! But this is not so true for finding a tattoo you love. It should be more aptly put as "No time, No gain"!

Although finding a great tattoo takes time, it is usually an enjoyable process. One of the best ways to get serious is to invest in a large collection of tattoo designs online to get ideas and inspirations from. Not only you get to go through the latest themes of designs, you can create any designs that are exclusive to you and work on the design from the comfort of your home. Moreover, you can pick up tattoo ideas from thousands of tattoo lovers in your nearest tattoo fraternity.

The only place to get your hands on such a collection for a price that won't make you go broke is at our [site](#). I urge you to make a decision for yourself today that you really are serious about your tattoos. Invest in a membership and you'll be much closer to that tattoo you'll be proud of for the rest of your life.

## **What Are Some of the Popular Tattoo Designs on the Net?**

If you're considering a tattoo, you will most likely fall into one of two categories. One is those that know exactly what they are after and already know what design they would like, whilst the other category simply have no idea where to start. Fortunately, we're at hand to help those meandering tattoo fans.

### **Tribal**

A tribal tattoo is elaborate in design, often they will be along the arm or the upper back. These are incredibly popular at the moment. It seems like they might be new but in fact the tribal tattoo design has been around for thousands of years, originating in the Pacific islands. Over the years the style has become more complex and varied which explains why they have kept their popularity. The tribal tattoo style is defined by the black lines and sharp edges. Often there is no other color but it is common to add some subtle color tones to emphasize parts of the design. It signifies power and strength and can be very striking tattoos on the right people.

### **Chinese**

Many people marvel at how beautiful Chinese letters are, as a result it is now very popular to have words or phrases tattooed in Chinese letters. It makes for exceptional art work. One note of caution, make sure that you're one hundred percent sure that the Chinese words translate to the phrase you originally requested, we've heard some very interesting stories of people being tattooed with offensive Chinese words, it can be expensive to remove tattoos of this nature.

### **Celtic**

Celtic tattoo designs are great in that they attract a wide range of people, not just people with Celtic origins. There is something special about the ancient symbolism surrounding celtic art which really comes out in the celtic tattoo designs. One thing is for sure, these tattoos are never going to go out of fashion and as such make a great choice of tattoo.

## **Star**

Not tattoos of famous stars (celebrities), although that is possible if that is what you wish. Star tattoos are popular due to their flexibility and in most cases, their simple design. A star can often be a visual representation of a loved one.

## **Cross**

A cross tattoo can mean different things to different people. Often they are a public reaffirming of religious faith or a sign of spirituality. There are a great number of exceptional cross tattoos available to draw inspiration from.

## **Are You Going For The Right Design?**

I always consider tattoo more than a form of art piece. It shares a life with its owner once it is inscribed onto the body part. It literally becomes alive. Tattoos come in different symbolic, spiritual and religious meanings. There are tattoos who are more inclined towards a particular gender. Woman often choose butterflies and flowers, presumably because they are pretty but maybe also because they are feminine. Woman often see their tattoos more as an ornamentation or permanent 'body jewellery', opting a pretty bracelet wrapped around the wrist.

Male tattoos tend to be identity symbols rather than decorative devices, with traditional images such as snakes, eagles, black panthers or skulls being particularly popular. Men are keener on dagger dripping blood or dragons breathing fire, traditionally masculine images which speak of strength and valour. The tattoo is a masterpiece of non-verbal communication.

Some of the messages the images convey are specific and intended only for a particular audience, while others are more generalized. In traditional Japan, the royal household has been represented by the chrysanthemum, which has now taken on the connotations of determination and steadfastness. The peony, on the other hand, symbolizes wealth and good fortune. One of the most popular motifs in the west and east is the dragon which combines fire and water to indicate power and true wisdom. In Thailand, it is not uncommon to see good fortune tattoos as they are said to protect the wearer from evil spirits.

Of course, the only factors that will really limit your choice of tattoo are the skill of tattooist you choose, your own imagination and the depth of your pocket.

There are aplenty [tattoo galleries](#) online or offline but that does not stop you from personalizing your tattoo and making it unique and special to you.

## **How to Select A Good Tattoo Gallery Online?**

There are thousands of free tattoo designs online but they are usually compromised for quality and uniqueness. However, if you are willing to pay a reasonable price for tattoo galleries with high quality designs, you stand a higher chance of picking a prime tattoo that you will be proud of. I am sure you won't want to spend \$200 inking a design which you have chosen in less than 10 minutes. This is a lifetime commitment which you won't want to decide within minutes!

Among paid tattoo galleries, there are areas you have to consider before picking one. Even though the site may claim to one of the best tattoo galleries online, you still have to check if it really delivers what it claims. As you have no access to the membership site, you could still start from the site's layout and graphics. A professional site with high quality graphics tells you the seriousness and commitment of the merchant to her prospective customers.

As competition is stiff online, it is common to see promotional tactics put in place to attract more customers. A few galleries have a 'live' sales agent that offer their membership promotion with a lower fee and bonuses. However, you ought to consider other aspects even though the price may be reduced to a better and reasonable amount.

I will always check on the FAQ section of all galleries that I visit. It is a section that I can sift out information on its products, services offer, consumer risk protection, bonuses, etc. It is always worth to check on this section because it usually answers to some of the questions we are looking for. As a customer, we want to be fully protected at all cost.

Customer protection is another component you may want to look out for. The common protection in place is usually in the form of no risk money back guarantee. Money back guarantee acts as an assurance to us. Psychologically, customer feels more at ease and protected if a merchant offers money back guarantee for her products. This has an implication to the quality of the products. With money back guarantee, we are protected against unscrupulous merchants offering inferior and substandard products.

A [good paid tattoo gallery](#) not only provides thousands of high quality tattoo designs to her members. It usually goes through an extra mile by offering a holistic service to her members. Some of the better tattoo galleries online have a large group of loyal customers for having resources such as a media library, video vault, members discussion forum, tattoo parlor locator and tattoo artists recommendation in place.

Last but not the least, check out for the [bonuses](#) such as free unlimited music download, free tattoo ebooks, free voucher, etc before deciding your choice.

## **How to Get A Tattoo that No One Has?**

Getting a tattoo is easy but when your tattoo can be seen almost anywhere, this may not be too flattering. However, it still boils down to the suitability of the design on you. So, is it important to you that your tattoo is unique and that there won't be hundreds or thousands of others running around with the exact tattoo? It sure is important to own a unique tattoo that suits you and me.

That is why I always tell people and friends that when looking at tattoo designs or flashes, look at them as a source of idea and inspiration. Always keep an open mind and unleash your creativity in getting a good unique design. Now, imagine you have thousands of designs available and you will realize how many ideas you can come up with. Here are a few great tips to make your tattoo totally unique.

### **#1. Combining two or more tattoos into one**

Usually, you will find more than one design that take your fancy. Will you ink all designs on your body? I doubt so. What if you can create a unique design out of all these designs that you like? For example, let's say you've found a great butterfly and a beautiful flower design. Instead of standing out on its own, combine them and make it your exclusive design. Of course, not all designs can be combined and this is the time to source for inspirations and ideas from other people and seek professional advice.

### **#2. Add something to it!**

If you have found a tattoo which you like but you feel that there's something lacking to it, you may want to add something to make it complete. There was this episode of a popular TV-show "Miami Ink" that showed this girl brought a photo of her dog that had recently passed away wanted a memorial tattoo. She didn't

just want the portrait of the dog, but wanted it to be sitting in the middle of a lotus flower. The tattoo turned out great!

### **#3. Use a design as template**

You find a tattoo design and you love what the tattoo illustrates but don't really like the style, colours or the quality might be bad. Bring it to your tattoo artist and have him/her re-draw it. I am sure any professional artist will gladly draw a custom tattoo for you.

I really hope that the three tips can inspire you to become more creative in getting your next tattoo. The best tattoo is not the hottest tattoo on the net but it is something unique that you've come up with yourself. If you want a huge source of ideas and inspirations right at your fingertips, grab your [membership](#) from one the most sought after tattoo galleries online with over 3,500 designs as well as member's photo gallery.

## **How can Tattoos Get You More Dates?**

What is your perception on someone with an awesome tattoo on their bodypart? I must admit that I would go for a second or third look on that tattoo, if not the person. I do actually believe that the right tattoos can make a person more attractive to the opposite sex.

First off, if a tattoo is chosen correctly that suits your personality and character, it can definitely improve your overall appearance. We all know that improving your looks will often in turn increase your confidence, hence making you more attractive to the opposite sex. No matter how many people claim that it is the inside that counts, appearance still play a major factor in the "mating" game. Remember, first impression counts!

Secondly, people go for interesting stuff. Get a tattoo that has some kind of meaning to you and telling people your story behind your tattoo will definitely create a feeling of mystery and interest to other parties. You will be seen as a more interesting person and you will be noticed by more people.

Lastly, most people have some level of fear and constraint when approaching the opposite sex. If you're a guy and unless you are Tom Cruise or Brad Pitt, you aren't probably to have girls approaching you. Most of the time, if you want something to happen, you actually have to muster your courage and go talk to

the man or woman that caught your eye. Now, what if you could improve the likeability of yourself going up and talking to other people? I strongly believe that tattoo has the mystical power of doing that.

If you have a tattoo that catches someone attention and come up to you complimenting on and asking where you had done it, they're going to have a reason to talk to you and things would feel much more natural. Tattoos can be a form of "peacocking" but it should not be the sole purpose of going after the opposite sex. I believe the best way to become more attractive to the opposite sex is to improve your personality and stay confident.

Investing a decent amount of money to get that [high quality awesome tattoo](#) that makes head turns is definitely worth the price.

## **How to Look The Best With Tattoos?**

Would you like your tattoo to look better on you and be an envy of everyone? Would you like to get a better and healthy looking body? Now, I say you can actually work those two out at the same time.

Are you planning of getting a tattoo right now or in the near future? If you are, you may consider to losing a few pounds and gain some lean muscle. Tattoos look so much better on a lean and toned body. Not to brag, I have been able to maintain a toned, low body fat (around 7-9%) physique for the past 5 years.

How have I been able to do that? Have I hired a personal trainer for \$5000 per year? Have I been eating nothing but lettuce and chicken breast? My answer is a big 'NO'. That would burn a big hole in my pocket considering I was still a college student then. Not to mention about the restriction on food, I though I might as well be better off dead.

I realise that what I am going to say may be a contrary to what many people have mentioned about losing weight. You may be upset but as far as I am concerned , it works and it is true. Getting and maintaining a healthy, good looking body is easy! Most of it involves changing some of your everyday eating habits and working out the right way a few times a week. Now,I still indulge in pop corn when watching movie. I am not claiming that I am a fitness guru or expert, but I'm not a newbie either.

Here's my simple plan of getting the toned model body shape:

## **1. TRAINING**

Frequent a gym and start your workout 3 times a week. Keep your workout to 1 hour max! There is no need to work for 2 or 3 hours - it'll do more harm than good. Perform weight training for the first 35-40 minutes and finish off with 15-20 minutes on a bike or treadmill.

For the resistance training part; do 7-9 exercises that involve all of the major muscle groups. Focus on 'multi-joint' exercises where you train more than one muscle group at a time. Do only ONE set and 8-10 repetitions per exercise. That's right, you need to do a total of 7-9 sets! The magic here is go for short and intense! You'll want to keep going until you just can't move the weight another inch!

When you're done lifting weights you should spend 15-20 minutes on an exercise bike or thread mill doing some interval training. Interval training is when you repeatedly switch between high/low levels of intensity.

## **2. NUTRITION**

In my opinion, both training and nutrition should go hand in hand. What you eat is just as, if not more important than training for acquiring that healthy and great looking body. When it comes to healthy eating, it's about replacing all junk food with food that is good for you as well as eating a large variety of foods. Honestly speaking, I still indulge in chips and popcorn but all done in moderation.

Keep your diet as natural as possible and avoid any 'processed foods' as they contain all types of unhealthy fats and substances. Consume large variety of foods from meats, dairy, eggs, fruits, vegetables, nuts, grains, etc. As you are working out, it is important to get enough protein. What you eat after your workout is very important as your body needs carbohydrates and protein to recover.

The above is a plan that I follow to make sure my body stays healthy, toned and look fabulous with tattoos. There is obviously more to training and nutrition than this! My friend at TruthAboutAbs.com has written an ebook 'Training & Nutrition Insider Secrets to Lean Body' and he has been kind enough to let me share this ebook with you. You can download it for free at [here](#). Get yourself a copy now and start your training!

## **Will Your Tattoo Ruin If You Gain or Lose Weight?**

To be frank, our body change. Especially when you are nearing thirties, you are prone to pack on a few pounds every year. Well, gaining or losing weight may result in your tattoo altering its shape. It happens to both male and female. If you are packing a huge belly and thinking of getting yourself a tattoo, we advise you to shed off some weight on your body before inking. If you fit into the following descriptions, our advice for you is to eliminate the excess fat before tattoo.

(1) You are fully charged and determined to lose a lot of weight in a short while.

(2) You are likely to develop stretch marks when you are losing weight.

(3) You are losing weight and your age is turning against you. Your skin is losing that bit of elasticity.

If you are thinking of packing muscle mass very quickly with steroids, there is no guarantee that your tattoo will stay in shape. Still, it depends on your tattoo's location. If your tattoo is inscribed in area where you are not intending to pack on mass, then you should not worry too much.

For woman, pregnancy may alter the shape of your tattoo. During this period, your belly gets very heavily stretched, which may dramatically distort the shape of your tattoo. Our advice for woman is to stay clear off the belly area.

In all, if you are losing and gaining a lot of weight quickly, we would encourage you to get a tattoo after your transformation. Of course, there is no denial that a tattoo appeals better on a tone and fit body. This may become a positive reinforcement for you to stay in shape to get the most out of every design you get. And if you haven't got your first tattoo yet, that's just a great reason to start working out now so that you acquire a body that matches and brings out the beauty of the tattoo. Get yourself a free copy of ['Training & Nutrition Insider Secrets to Lean Body'](#) ebook and start training.

## **Do Not Step Into A Tattoo Parlour Until You Read This!**

Believe it or not, the risk you're facing in a tattoo studio is not only getting infected with some atrocious blood disease.

Having a right mindset is essentially important prior stepping into a tattoo studio. If you are an impulsive person by nature and easily influential, then you may risk...

1. ... letting yourself to be impressed by the artist's sales pitch on his work that his award winning studio is no doubt the best studio in the town.
2. ... being fooled into believing the artist when listening to his/her explanation that a specific tattoo you only glanced at for a fraction of minute is the special and perfect one for you.
3. ... being "controlled" and inspired by the studio atmosphere with the walls tattoo flash and people getting tattooed in every corner of your eye. The context may very well coerce you into choosing a design right from the wall and proceed to having inscribed on your skin. Oh..you would not to be the "victim" of such a circumstance.

The solution to get away from these risks before entering a tattoo studio are:

1. KNOW what kind of tattoo you want.
2. KNOW that the artist/studio is a skills and reputable one who, at no times, compromises hygiene and health care.
3. KNOW that you have seriously thought through your decision and that you will be proud of your permanent addition to your body, even 40 years later.

So how do you know?

Spend some time to carry out a proper research on the tattoo designs, studio and artist is definitely worth the effort in the long run.

Firstly, it is highly recommended to browse through the various designs and themes in a [tattoo design gallery](#).

Next, You may want to explore into the designs that are inscribed on other people to provide you with more inspirations and ideas.

Finally, use a [tattoo studio directory](#) to find out which tattoo studios exist in your area and ask around the tattoo fraternity for a reputable one. You can ask any

tattoo enthusiasts or friends for recommendation whom I believe they will be very glad to share their opinions and experiences with you.

## **How to Prevent Your Tattoo From Fading?**

This is an important but often overlooked area. In this article, I will provide you with 5 tips on how to make sure your tattoo stays colorful and attractive beyond the first couple of years. It takes discipline but eventually, it's worth your effort. The tattoo you get today will be with you until you die. Over the years, it is inevitable that your body's natural aging process will cause your tattoo to lose its vibrancy and brightness.

Not to fret, there are tips to prolong this inevitable and there are a few things you can do to help prevent your tattoo from fading.

### **Tip 1: Find an experience tattoo artist**

The quality of your tattoo has a lot to do with the placement of its pigments. Tattoo pigments should penetrate deep into the middle layer of your skin. If the pigments aren't placed deep enough, they'll be too close to the skin's surface. As the skin's top layer constantly sheds dead skin cells to make room for new skin cells, tattoo pigments that are too close to the surface will also shed. As pigments shed, the tattoo will start to lose its brightness.

Hence, choosing your tattooist is important and you want to work with someone who is experience and know what he or she is doing. Ask around or anyone you know for references. And remember, you will often get what you pay for. If you are a member to any tattoo fraternity, you will no problem in finding a good tattoo parlour and artist. All it takes from there is some asking and research!

### **Tip 2: Proper care for your new tattoo**

The first few weeks after your ink is a crucial moment and it has a lot to do with whether or not your tattoo fades. Do not scratch as it might pull up some of the pigments. It is important to apply ointments or moisturizers continuously to your tattoo during the first 2 weeks.

If scabs develop, never pull them off or you risk pulling out some of the tattoo's pigment. The less pigment there is, the less vibrant your tattoo exudes, which

gives it a fading appearance. Keep your new tattoo clean to prevent it from becoming infected; something else that can cause pigment loss.

### **Tip 3: Protect your tattoo from the sun!**

Your tattoo is as vulnerable to the sun's powerful ultraviolet rays as your skin. The ray can break down the pigments used to colour your tattoo. Never let it happen to you. Always get into the habit of putting sunscreen on your tattoo every time you go outside, even on cloudy days. You're supposed to do this to help protect your skin against premature aging.

Invest in sunscreen with a minimum SPF of 30 and apply a liberal amount to completely cover your tattoo. Remember also to reapply sunscreen after swimming or sweating. If you're always outside and applying sunscreen takes too much effort, you can instead cover your tattoo with clothing or a bandage. No matter what method you choose, always protect your tattoo from the sun's damaging rays.

### **Tip 4: Choose your colour**

Choose tattoo colours that are stable and most resistant to fading. Blacks and blues are the most stable colours. Colours with red-based pigments such as yellow, orange, purple and magenta are more difficult to maintain which makes them prone to fading. Keep this in mind when choosing colors for your tattoo.

### **Tip 5: Develop healthy habits**

While you can't stop natural aging process and your skin to degenerate over the years, you can slow them down by developing healthier habits. Eating better helps supply your skin with the vitamins, minerals and antioxidants to remain youthful. Stop smoking and drinking; two bad habits that irreversibly damage healthy skin cells.

Changes in your skin will affect the appearance of your tattoo. Start taking care of yourself and start right now! You'll be doing both your body and your tattoos some good! Get sufficient rest, have ample sleep and your body will naturally stay radiant and young.

And there you have it. Some really easy ways you can help prevent your new tattoo from fading.

# TATTOOS FOR LIFE

Thank You for reading this ebook!

We would also like to thank [Chopper Tattoo](#) and [Tattoomenow](#) for bridging all Tattoo lovers and enthusiasts worldwide by providing a wonderful fraternity platform to communicate and share.

**Chopper Tattoo**  
www.chopper-tattoo.com

